

## November Calendar

(6) K of the Day: Kathy Schultz  
Greeters: Tom Engelhardt, Dwayne Strasheim  
Invocation: Don Siffring  
Program: Cather Foundation  
Speaker: Betty Kort

### (11) BOARD MEETING

Please pay attention board members.  
The November board meeting is  
Tuesday, November 11th  
at 12:00 pm at the OK Café.  
All members welcome to attend!



(13) K of the Day: Kathy Schultz  
Greeters: Erik Buderus, Doug Edwards  
Invocation: Jim Lewis  
Program: America's Pork  
Speaker: Elwyn Fitzke

(20) K of the Day: Darrell Nelson  
Greeters: Rob Lloyd, Jerry Blazer  
Invocation: Mike Johnson  
Program: 2008 Farm Family Award  
Speaker: Darrell Nelson

(22) Newsletter Deadline

(27) **Thanksgiving**

**HAPPY THANKSGIVING!**  
There will be no meeting today



## Happy Birthday

(1) Judy Barnes  
(1) Tim Maul  
(2) Linda Stark  
(9) Ken Stein  
(13) Don Siffring

(21) Clay Leeper  
(26) Doug Edwards  
(30) Ed Kuehn



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### 2008-2009 District Officers

Governor: Don Glenn—Bellevue, NE  
Governor-elect: Ron Petsch—Milford, NE  
Past-Governor: Mark Holmer—Algona, IA  
Treasurer: Gus Dornbusch—Lincoln, NE  
Secretary: Frank Murphy—Williamsburg, IA  
E-mail: secretary@nikiwanis.org  
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### Serving You This Year in Hastings

President: Mary Peterson 461-4526  
Past-President: Dan Rutt 462-4003  
President-Elect: Doug Nienhueser 461-4526  
Vice-President: Alan Kvetensky 463-4081  
Treasurer: Jim Krebsbach 462-8814  
Secretary: Joan Bittfield 752-3574  
E-mail: joanb@hastingskiwanis.org

### Board of Directors

Two Years	One Year
Neil Grothen	Gary Aadland
Renee Johnson	Alan Kvetensky
John Boltz	Lila Munsell
David Kempf	Mary Plock



# "ASTONISHER"



Published by the Kiwanis Club of Hastings, Nebraska  
...Serving the Hastings area for over 80 years...

www.hastingskiwanis.org

Club meets each Thursday Noon at the OK Cafe



**NOVEMBER 2008**



## Kids Against Hunger

Hastings Kids Against Hunger is the newest project for our club. On the morning of October 25th, several members helped pickup the shipment of equipment and food supplies and deliver it to the Manual Arts building of the old Middle School, the new home of our Hastings Satellite. Members are pictured standing in front of the pallets of rice, textured vegetable protein, and seasoning that will go into making food packets that will feed up to 6 people. The Orphan Grain Train of Nebraska will transport the food packets to areas of need here and throughout the world.

# PROGRAM NOTES

September 25—David Powell has been beekeeping for the last 5-6 years. In a typical bee colony there are 2 boxes stacked on top of each other. In the top box is their pantry which typically contains 10 wooden frames for the honeycomb. The bottom box is where they raise and care for their young. In June and July there are approximately 60,000 bees in the colony. During the winter months the population will drop to around 14,000 bees. There are different castes in the hive. One is the queen bee. She does all the egg laying and mates only once in her lifetime. She is basically just an egg laying machine and that is her only function. The next caste is the drones or the male bees. All they do is mate with queens. There are about 2000 in a colony. The last group is the worker bees. They are all female but do not have reproductive organs. The worker bee will live up to 6 weeks in July during peak production, they literally work themselves to death. There are two types of honey. Spring honey is lighter in color. It is a sweeter honey and does not have the strong honey flavor. Fall honey is darker and has the strong flavor. You don't normally find the spring honey in stores as the commercial facilities mix the spring and fall honey together. To order products from Dave, email him at [daves-bees@gtmc.net](mailto:daves-bees@gtmc.net).



October 2—Our own Pastor Renee Johnson, with the help of fellow committee members from our newly formed Kids Against Hunger program, passed around samples rice casserole made from food packages from KAH. A group of 7 Kiwanians traveled to Lincoln to learn about this project and pack meal bags for the program. The 7 members packed 2600 meal bags in 45 minutes. The food bags contain fortified soybean protein meal, rice, 6 different vegetables and 21 various minerals, vitamins and nutrients. The recipe helps fight hunger and provides a very nutritious boost for up to 6 children per bag. The food bag costs only 23 cents to produce. In Nebraska, our food packets would be shipped by Orphan Grain Train. There are currently 38 satellite locations throughout the United States and 1 in Canada. Kids Against Hunger has distributed food bags in 38 foreign countries and in 2007, 27.5 million meals were sent around the world. Kids Against Hunger's goal is to distribute 100 million meals by 2010. There will be representatives visiting our club on November 8th, to train members how to pack the meal bags and a kickoff fundraiser will be held at the Fairgrounds on November 9th.



October 9—David Kempf demonstrated the Hastings Kiwanis web page. Dave explained that with the hosting plan our club purchased, a large number of free email accounts were provided. As an added benefit to membership, members are provided an @hastingskiwanis.org email address. In an effort to simplify the email process for the club, everyone's Kiwanis email accounts forward to the email address members provided when they joined the club. If members can then make sure any changes to their personal email address, is provided to Dave, he will change the forwarding. A few key items pointed out on the web page: The calendar page. This page lists the calendar of events for all of our clubs. All the members that have signed up for an event are also listed and the calendar sends an email invitation to those members. If you accept the invitation, the calendar will automatically send email reminders as the event approaches. On the weekly meeting and board meeting pages, there is



a link to listen to a recording of the meeting. The Astonisher page has all of our club Astonisher newsletters through 2004. The committee page lists all of our committees and the members on those committees. Members are encouraged to check this out to see what committees they would be interested in joining. Pictures of our members and our many events, are on the Activities page. The newest page that will likely grow into several new pages, is the Kids Against Hunger page. This is our club's newest project and is going to be huge for our club and community.

October 16—Cindy Strasheim has been with the Cooperative Extension Service for 24 years. She has been in charge of the Zone project for the last 8. The Zone started out as a project of the First Presbyterian Church Mission. While The Zone was housed in the Courthouse Annex building, the YWCA and other organizations came on board to sponsor the program. They wanted to provide a place and program to occupy young children and prevent them from getting into trouble throughout the community. The Zone is currently housed in the basement of the Hastings Police Department. The Zone is 80-85% diverse in it's membership. There are several minority youth that attend The Zone. There are two programs at The Zone, the Middle School program which meets from 3:30 to 6:00 and the High School program that meets from 6:00 to 9:30. The Zone students are working on a fundraiser project to help keep The Zone alive. The Zone does not have enough funding to survive this school year, so the students have created Zone Bonz. These are dog treats that the students prepare and package to sell to help raise money for The Zone. On November 4th, Hastings College will have a pancake feed fundraiser for The Zone using pancake mix and sausages that our club had left over from last year's Pancake Day and donated to Cindy and The Zone.



October 23—The Beijing Olympics was the second trip to a summer Olympics for Dr. Seiler. There were almost 600 people in his tour group for this trip ranging from 7 months old to a very spry 91 year old. Dr. Seiler went for the track and field portion so he and his son arrived on day 6 of the Olympics. The Birds Nest was an impressive bit of architecture and was mostly enclosed except for a small area over the track. This kept the spectators from getting wet when it rained but also made it very hot inside the stadium as there was very little air flow. Unlike the Athens Olympics, which had some existing venues, Beijing built everything new for their Olympics. A hotel, called the Dragon, was built specifically for the Olympics and is 1 of only 2, 7 star hotels in the world. The other is in Dubai. There were also many more people inside the Olympic park at Beijing as they allowed people to enter the park at any time. This meant that there was anywhere between 150-160,000 people in the Olympic Park everyday. With only two security checkpoints to enter the park, this made for extremely long lines and a long wait to get in. McDonalds was the main vendor at the Olympics and did a good job of controlling outside vendors. Dr. Seiler and his son, spent time doing other things while in Beijing. They hired a private driver so they could spend a full day at the Great Wall. They checked out the open food markets and discovered some very unique, if not disgusting cuisine. Dr. Seiler tried some of the items but decided that maybe McDonalds was the place to be when it came to food in Beijing. Dr. Seiler has already made his reservations for the Olympic games in London in 2012.



## KIWANIS REWIND –A minute to look at the past.

By Dana Kempf

Kids Against Hunger is our club's newest project. It was founded in March of 1999 by Richard Proudfit. In 1974, Richard volunteered on a medical mission to Honduras after Hurricane Fifi ravaged that country. He was profoundly affected by the starvation he found there and decided to commit his life and financial resources to solving world hunger. With the creation of a balanced, high nutrition food mix, the starvation process can be reversed and a child's health and mental alertness restored.

### Kiwanis Rewind trivia question of the month:

Richard Proudfit enlisted leading executives at several companies to formulate the KAH food packets. Can you name them?

### Answer to last month's question:

The Question Was: Since the first international president was elected in 1916, there has only been one person elected to serve two consecutive terms. Who was it?

Answer: **George F. Hixson** is the only person to be elected to two consecutive terms as president. Today, the George F. Hixson Fellowship honors him.

# Prizes!!

Do you know the answer to this month's trivia question. Put your answer in the blue bucket and win prizes!!



## UPCOMING DATES TO REMEMBER

Fridays, 11:15am—Meals-On-Wheels, Mary Lanning Hospital  
3rd Thursdays, 5:30pm—Red Cross Blood Mobile, 1st Congregational UCC

Oct 30th—Kids Vision Screening training 4:00 OK Cafe

Nov 7-9th—Key Leader Program, Eastern NE 4-H Center

Nov 8th—Hastings KAH training 9:00 am Manual Arts Bldg

Nov 9th—Hastings Kids Against Hunger Fundraiser 11:30-2:00

Adams County Fairgrounds

June 25-28th—Kiwanis International Convention 2009, Nashville

## PRESIDENT'S MINUTE, Mary Peterson.....

President Peterson had the following reports:

- The Kiwanis in Paradise Installation Banquet was a pleasant evening. Everyone seemed to enjoy the more relaxed atmosphere.
- Husker Harvest Days was completed without any problems.
- The first annual Kiwanis Golf Tournament was a huge success.
- The new member inductions were encouraging with 12 new members joining our club.
- The Blood Mobile Cleanup is progressing nicely.
- Meals on Wheels continues to be an ongoing success.
- Letters were sent to committee chair people encouraging them to hold meetings outside of our noon meetings.
- Name badges have been ordered for all our new members. Blank badges have also been ordered and can be engraved at Hogan's for 15 cents per letter.
- Mary will be experimenting with new ways to circulate our many signup sheets.
- Committees are asked to submit their budgets ASAP.

### The Astonisher Editor behind bars—

Astonisher Editor, Karen Kempf was in a rollover accident and lived to tell about it. We are all very



thankful for that! Karen is now a strong supporter of seat belts! Karen will have to wear her halo until around Christmas.

### Take a ride on the Hastings Kiwanis Web Site

Stay up to date with the meetings you missed, check out the calendar for upcoming events, and more....

<http://www.hastingskiwanis.org>



### AKTION CLUB

Meetings are every 2nd & 4th Monday

Location: First Congregational United

Church of Christ— 2810 West 7th St



## Kiwanis Winterization Project 2008



# Kids Against Hunger™

A program of Feeding Children International



## Kids Against Hunger of Hastings

Making a difference in the lives of hungry and malnourished people locally and around the world

### Pork BBQ Lunch

Free will donation  
Adams Co. Fairgrounds  
Sunday, November 9th  
11:30 a.m.—2:00 p.m.

Hastings Kiwanis Club is hosting this Kick-off event to bring a Kids Against Hunger food packaging satellite to Hastings.

Kids Against Hunger of Hastings will provide opportunities for area volunteers to gather together to package a highly nutritious mix of special ingredients into hunger-fighting meal packs. The food packaging station will be at this kick-off event and guests will have an opportunity to package food.

Kids Against Hunger is a program of Feeding Children International  
Application for supplemental funding from Thrivent Financial for Lutherans has been made.




## Great News!

Hastings Kids Against Hunger is officially underway with the delivery of our new equipment and food supplies. Our fundraiser and promotional kickoff will be Sunday November 9th at the Adams County Fairgrounds. Tell all your friends!